

Adult & Pediatric Otolaryngology
 Head & Neck Surgery
 Facial Plastic Surgery
 Endoscopic Sinus Surgery
 Neurotology
 Skull Base Surgery
 Reconstructive Surgery
 LASER Surgery
 Nasal Allergy
 Clinical Audiology
 Hearing Aid Dispensing
 Voice Care



The Ear, Nose, Throat & Plastic Surgery Associates

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Snoring and Sleep Apnea Questionnaire Epworth Scale

Patient Name: _____ **Date:** _____

Please check the box in front of your response for each question.

1. Sitting and reading

Would never doze Slight chance of dozing Moderate chance of dozing High chance of dozing

2. Watching TV

Would never doze Slight chance of dozing Moderate chance of dozing High chance of dozing

3. Sitting, inactive in a public place (example, theater or a meeting)

Would never doze Slight chance of dozing Moderate chance of dozing High chance of dozing

4. As a passenger in a car for an hour without a break

Would never doze Slight chance of dozing Moderate chance of dozing High chance of dozing

5. Lying down in the afternoon when circumstances permit

Would never doze Slight chance of dozing Moderate chance of dozing High chance of dozing

6. Sitting and talking to someone

Would never doze Slight chance of dozing Moderate chance of dozing High chance of dozing

7. In a car, while stopped for a few minutes in traffic

Would never doze Slight chance of dozing Moderate chance of dozing High chance of dozing

8. Sitting quietly after lunch without alcohol

Would never doze Slight chance of dozing Moderate chance of dozing High chance of dozing

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